

Pretika®

# Shiatsu Foot Massager

WITH HOT & COLD THERAPY

Relieve Fatigue, Alleviate Soreness, Improve Circulation, Relax and Soothe



Instructions for Use  
& Warranty Information

Model HA274

**Pretika®**

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*Congratulations and thank you for being a customer of Pretika! Before you start, please take a moment to get to know your Shiatsu Foot Massager with Heating and Cooling and how it works. For important information about safety and how to use the device, read the full Instructions for Use booklet. Contact the experts at Pretika for any assistance in helping you get started.*

## Features

**Advanced Massage Technology**  
1,900-3,000 rpm

### Thermal Therapy

Heats to 113°F to increase circulation. Cools to 50°F to 59°F to reduce swelling

### Deep-Kneading Shiatsu and Rolling Massage

Helps relieve tightness and stimulate reflexology zones of feet

### Sole-Soothing Massage Heads

Six 360° rotating, pivoting roller heads and 18 massage nodes

### Toe-Touch Control

Makes operating simple & effortless

### Control Modes

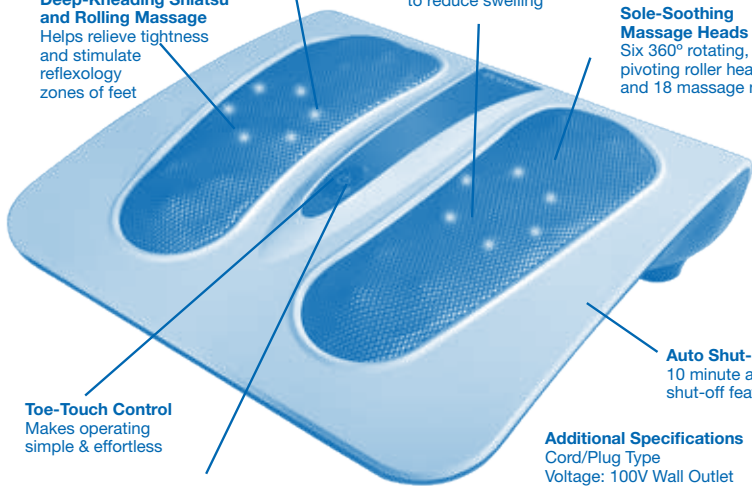
Four massage programs with two-speed settings

### Auto Shut-Off

10 minute auto shut-off feature

### Additional Specifications

Cord/Plug Type  
Voltage: 100V Wall Outlet  
Cord Length: 3.937 Ft (1.2 Meter)  
Power Supply: Input 110V AC,  
Output: 24V DC  
Power Consumption: 100W



## **Customer Service Contact:**

For questions or assistance relating to the use of this product – or for information on all of the innovative Beauty, Skin Care, Spa and Personal Care products manufactured by Pretika, contact our Customer Service Team:

1-949-481-8818

Email: [customerservice@pretika.com](mailto:customerservice@pretika.com)

Or visit our website at [www.pretika.com](http://www.pretika.com)

Hours of Operation:

Monday – Friday, 8:00 AM to 4:00 PM Pacific Standard Time

## **Using Shiatsu Foot Massager with Hot and Cold Therapy**

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### **Program / Mode settings Speeds**

Plug power cord adaptor into a 110 volt wall outlet. Seating position—while in use—must be within cord length distance to wall outlet. Only use Shiatsu Foot Massager with Hot and Cold Therapy while safely and comfortably seated.

1. Press the switch once—HIGH massage setting with cooling, center roller will show blue lights, control button will show blue light.
2. Press the switch twice—LOW massage setting with cooling, center roller will show blue lights, control button will show blue light.
3. Press the switch a third time—HIGH massage setting with heating, top and bottom rollers will show red lights, control button will show red light.
4. Press the switch a fourth time—LOW massage setting with heating, top and bottom rollers will show red lights, control button will show red light.
5. Press the switch once more or until light is off—Turns off all functions, control button will show alternating/flashing red and blue light. Select massage & heat or massage & cool program settings.

*Recommend wearing socks to provide buffer between feet and counter-rotating roller heads massage*

## CAUTION

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- To reduce the risk of electric shock, do not remove cover. There are no serviceable parts inside.
- To reduce the risk of fire or electric shock, do not expose this unit to rain or moisture. The exclamation point within an equilateral triangle is intended to alert the user to the presence of important operating and maintenance (servicing) instructions in the literature accompanying the unit. The lightning flash with arrow-head symbol within an equilateral triangle is intended to alert the user to the presence of uninsulated “dangerous voltage” within the unit’s enclosure that may be of sufficient magnitude to constitute a risk of electric shock.
- Consult your doctor before using this product.
- Never leave the product operating or unattended, especially if children are present.
- Never use the product on open skin eruptions or on swollen or inflamed areas.
- Do not operate after taking painkillers, sedatives or alcohol. Consult your doctor if under these medications.
- Do not operate for more than 20 minutes continuously.
- The product is designed to soothe tired and aching muscles. It is not intended to be a substitute for medical attention. If your ailments and symptoms persist or worsen after use, contact your doctor immediately.
- Intended for household use only.

### For Adult Use Only.

**IMPORTANT:** Any individual who may be pregnant, has a pacemaker, suffers from diabetes, phlebitis and/or thrombosis, is at an increased risk of developing blood clots, or who has pins/screws/artificial joints or other medical devices implanted in his/her body should consult with a physician before using a massaging device designed for home use. Remove all jewelry before using this massager. As with any product, discontinue use if rash, redness or itching occurs. Consult physician if irritation persists. Refer to enclosed Information for Use and Warranty Instructions before use.

## Limited 90 Day Warranty

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Your Pretika product is warranted to be free from defect in material and workmanship for a period of 90 days after its original purchase date under normal use. This warranty extends only to the original retailer purchaser with original proof of purchase and only when purchased from an authorized Pretika retailer or reseller. This warranty does not cover products determined by Pretika Corporation to be damaged by any of the following:

- Accident, misuse, abuse or alteration
- Servicing by unauthorized persons
- Use with unauthorized accessories or use other than instructed
- Use of incorrect charging adaptor types
- Any other conditions beyond our control

Some states do not allow the exclusion or limitation of incidental or consequential damages or allow limitations on how long an implied warranty lasts, so the above limitations or exclusions may not apply to you. This warranty gives you specific legal its negligence. Pretika's entire liability for any defective product shall not exceed the purchase price for the defective product. Pretika disclaims any liability for general, consequential, incidental or special damages, even if aware of the likelihood of such damages.

### **During Warranty Period with Proof of Purchase (store receipt)**

Should your product become defective during the warranty period, package the item securely and return it prepaid/insured – along with proof of purchase to address below.

### **Outside Warranty Period**

Should your product become defective outside the warranty period – or you do not have store receipt, package the item securely and return it prepaid/insured along with a check or money order payable to Pretika Corporation in the amount of \$100.00 to cover handling and postage charges. To insure prompt repair or replacement, provide complete, legible name, street address, email and phone number information and a note indicating the nature of the product defect. We will Repair or Replace (at our sole discretion) product at no charge and return via ground shipment.

Return to:

**Pretika Corporation**  
Warranty Repair Department  
12215 Holly Street  
Riverside, CA 92509 USA

## Warning

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1. For external use only. Keep out of reach of children and please use as directed. As with any product, discontinue use if rash, redness or itching occurs. Consult physician if irritation persists. Anyone suffering from any skin disorder should consult physician before using this product. Do not use on sore or injured areas.
2. Use this appliance only for its intended use as described in the Instructions For Use booklet.
3. Do not leave unit on when not in use.
4. Basic safety precautions should always be followed when using any electrical product, especially when children are present.
5. Never operate the massager power supply if it has a damaged cord, if it is not working properly, or has been dropped into water.
6. Do not use massager when foot pad fabric cover is torn or parts are missing.
7. Keep the power supply cord away from heated surfaces
8. Do not attempt to open the massager cover to clean the interior.
9. Do not plug into an incorrect voltage source outlet, use only with appropriate voltage.
10. Do not subject product to excessive force, shock, dust, temperature or humidity.
11. Do not immerse product in water. If you spill liquid on it, dry it immediately with a soft, lint-free cloth. If liquid is spilled onto Foot Pad fabric, unplugged immediately and return to service center.
12. Do not clean product with abrasive or corrosive materials.
13. Do not tamper with product's internal components. This invalidates the warranty.
14. Dispose of this product as you would an expired battery. To dispose of massager, place massager and power supply in the trash (normal municipal waste). Recycling of massager at your local recycling center is good for the environment.
15. Do not let children use without adult supervision or persons not capable of handling and operating the massager.
16. Do not stand or sit on massager.
17. Do not cover the massager during operation. This may result in an increase in motor temperature

**Read and Save These Instructions**

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18. Do not sleep while using massager.
  19. Never operate the massager with the air openings blocked. Keep air openings free of lint and debris.
  20. The massager must only be serviced or repaired by the Service Center. Users must not disassemble or repair the massager by themselves.

**NOTE:**

THE MANUFACTURER IS NOT RESPONSIBLE FOR ANY RADIO OR TV INTERFERENCE CAUSED BY UNAUTHORIZED MODIFICATIONS TO THIS EQUIPMENT. SUCH MODIFICATIONS COULD VOID THE USER AUTHORITY TO OPERATE THE EQUIPMENT

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

To reduce the risk of electric shock, this appliance has a polarized plug (one blade is wider than the other). This plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician to install the proper outlet. Do not change the plug in any way.

## Care and Maintenance

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- Store in a dry, dust-free area
- To clean Plastic Massager cover, use a soft dry cloth – do not use a wet or damp cloth to clean
- To clean Foot Pad Cloth Cover, use a soft dry cloth – do not use a wet or damp cloth to clean

**\*DO NOT IMMERSER POWER SUPPLY OR POWER SUPPLY CORD IN WATER. MUST REMAIN DRY AT ALL TIMES.**



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